



Bedbug Treatment Advice

Prior to treatment commencing

- **Vacuum** - Treatment area to be vacuumed including mattresses (be conscious of vacuum/vacuum bag emptying to prevent any spread of bed bugs, bag should be emptied directly in to an outside bin).
- **Bedding** - All bedding to be removed, bagged up (to avoid spreading the bedbugs) and washed at 60 degrees which will kill any eggs/nymphs/adult bed bugs.
- **Clothing** - Any clothing that isn't hung up to be treated as per the bedding (bagged and washed at 60 degrees). For delicate fabrics bag up and place in the freezer for at least 24 hours as any extreme temperature will kill off any eggs/nymphs/adult bed bugs.
- **Tidy room/flat** – Floor area, wardrobes and under bed to be clear of any clutter and any clothes hanging up. All drawers and cupboards to be empty as these will be treated.

After treatment

- Treated rooms will need to be vacant for 4 hours following treatment.
- Do not vacuum or deep clean treated areas for two weeks as this will remove the insecticide.
- You will need to continue using the bed following treatment as this will attract bed bugs to the surface and into the residual insecticide.
- 3 weeks after treatment you may vacuum and clean the affected area.

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